



# Metro Acupuncture

6255 Barfield Road, Suite 175

Atlanta, GA 30328

404 255-8388

[www.metroacupuncture.com](http://www.metroacupuncture.com)

## Patient Information

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Preferred Contact # \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Who referred you or how did you hear about Metro Acupuncture? \_\_\_\_\_

Who is your primary care physician? \_\_\_\_\_

## Payment Information

Person responsible for payment: \_\_\_\_\_

Address - If different from above: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

**I understand that payment is due at the time of service. Our office will provide you with documentation in order to file with your insurance carrier for reimbursement.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



Patient Name: \_\_\_\_\_

| <b>Accidents</b>  |             |            |                    |
|---|-------------|------------|--------------------|
| Please list all major accidents, including fractures, deep cuts and wounds, serious sprains, etc. |             |            |                    |
| <b>Injury</b>   | <b>Date</b> | <b>Age</b> | <b>Description</b> |
|   |             |            |                    |
|   |             |            |                    |
|   |             |            |                    |
| <b>Surgeries</b>  |             |            |                    |
| Please list all surgeries, elective or necessary, and any consequence from procedure.             |             |            |                    |
| <b>Surgery</b>  | <b>Date</b> | <b>Age</b> | <b>Outcome</b>     |
|   |             |            |                    |
|   |             |            |                    |
|   |             |            |                    |

List any allergies or food sensitivities.

| <b>Substance</b> | <b>Reaction</b> |
|------------------|-----------------|
|                  |                 |
|                  |                 |
|                  |                 |
|                  |                 |
|                  |                 |
|                  |                 |

Patient Name: \_\_\_\_\_

| Please indicate with check (√) if you now or have had any of the following symptoms or diseases. |      |                    |     |      |                         |
|--|------|--------------------|-----|------|-------------------------|
| Now  | Past |                    | Now | Past |                         |
|  |      | Allergies          |     |      | Heart murmur            |
|  |      | Anemia             |     |      | Heart palpitations      |
|  |      | Anxiety            |     |      | Hepatitis – Type: _____ |
|  |      | Arthritis          |     |      | Herpes                  |
|  |      | Asthma             |     |      | Hypertension            |
|  |      | Bruising           |     |      | Hypotension             |
|  |      | Cancer             |     |      | Hyperthyroidism         |
|  |      | Candida            |     |      | Hypothyroidism          |
|  |      | Cholesterol, high  |     |      | Kidney stones           |
|  |      | Chronic fatigue    |     |      | Low sex drive           |
|  |      | Constipation       |     |      | Mental illness          |
|  |      | Depression         |     |      | Mononucleosis           |
|  |      | Diabetes           |     |      | Nose bleeds             |
|  |      | Diarrhea           |     |      | Numbness                |
|  |      | Digestive problems |     |      | Prostate issues         |
|  |      | Dizziness, vertigo |     |      | Sciatic pain            |
|  |      | Edema              |     |      | Skin problems           |
|  |      | Epilepsy           |     |      | TMJ                     |
|  |      | Food allergies     |     |      | Ulcers                  |
|  |      | Frequent colds     |     |      | Venereal disease        |
|  |      | Frequent gas       |     |      | Vision issues           |
|  |      | Gallstones         |     |      | - near sighted          |
|  |      | Hay fever          |     |      | - far sighted           |
|  |      | Head injury        |     |      | - use reading glasses   |
|  |      | Headache           |     |      |                         |

Other symptoms or diseases (please list):

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Patient Name: \_\_\_\_\_

| <b>Women Only</b>  |            |           |
|--|------------|-----------|
| <b>Menstrual History</b>   |            |           |
| Onset of menstruation? Date or age:  |            |           |
| Length of cycle? (number of days from onset of first day to onset of next cycle)             |            |           |
| <b>Please place a check (✓) in response to each question as it currently applies to you.</b> | <b>Yes</b> | <b>No</b> |
| Is your period regular?  |            |           |
| Is your ovulation painful?   |            |           |
| Are your periods painful?  |            |           |
| Does your period last for more than 5 days?  |            |           |
| Does your period last for less than 3 days?  |            |           |
| Do you bleed excessively?  |            |           |
| Is your flow scanty?   |            |           |
| Do you discharge clots?  |            |           |
| Do you get headaches during menstruation or ovulation?                                       |            |           |
| Do you experience pre-menstrual syndrome (PMS)?  |            |           |
| <b>If yes, please indicate:</b>  |            |           |
| Breast distention and tenderness?  |            |           |
| Irritability?  |            |           |
| Headache?  |            |           |
| Water retention?   |            |           |
| Other  |            |           |

| <b>Gynecological History</b>   | <b>Please place a check (✓) in response to each question.</b> |            |           |
|--|---|------------|-----------|
|  | <b>Do you have a history of:</b>                              | <b>Yes</b> | <b>No</b> |
| Are you presently pregnant?<br>Yes _____ No _____ If Yes, Due date: _____  | Amenorrhea (long time spans without a period)                 |            |           |
| Previous pregnancies?<br>... Number of Live births: _____<br>Full term: _____<br>Preterm: _____<br>... Number of miscarriages: _____ | Chronic vaginal or yeast infections                           |            |           |
|  | Ectopic pregnancy   |            |           |
|  | Endometriosis   |            |           |
|  | Insulin resistance  |            |           |
| Did you have difficulty getting pregnant?<br>Yes _____ No _____  | Irregular periods   |            |           |
|  | Urinary tract infections (UTI)                                |            |           |
| Did you have difficulty after childbirth?<br>Yes _____ No _____  | Menstrual cramps  |            |           |
|  | Painful intercourse   |            |           |
| Have you experienced postpartum depression? Yes _____ No _____<br>If yes, please indicate date(s): _____                             | Ovarian cyst  |            |           |
|  | Pelvic Inflammatory Disease (PID)                             |            |           |
| Are you presently experiencing perimenopausal symptoms?<br>Yes _____ No _____ If Yes, describe: _____                                | Polycystic Ovarian Syndrome (PCOS)                            |            |           |
|  | Endometrial thickness (lining) problem                        |            |           |
| Have you completed menopause?<br>If yes, please indicate # of years: _____   | Uterine fibroids  |            |           |
|  | Excessive vaginal discharge                                   |            |           |
| Have you had a hysterectomy?<br>If yes, please indicate date: _____  |   |            |           |
|  |   |            |           |

Patient Name: \_\_\_\_\_

Please answer the following questions if you are undergoing assisted reproductive technologies.

| <b>Assisted Reproduction</b>  |               |
|---|---------------|
| Are you working with a Reproductive Endocrinologist? Yes: ___ No: ___ |               |
| If Yes – Name of group: _____   |               |
| Name of physician: _____<br>_____                                     |               |
| Number of IUI's _____   | Dates: _____  |
| Number of IVF's _____   | Dates: _____  |
| Upcoming procedure: _____ Date: _____                                 |               |
| Hysteroscopy date: _____  |               |
| Laparoscopic surgery date: _____                                      |               |
| Reason: _____   |               |
| Previous abdominal surgeries:   |               |
| Date: _____   | Reason: _____ |
| Date: _____   | Reason: _____ |
| Date: _____   | Reason: _____ |
| Date: _____   | Reason: _____ |
| _____   |               |
| _____   |               |
| _____   |               |
| Pertinent Lab Information:  |               |
| FSH: _____  |               |
| AMH: _____  |               |
| Other: _____  |               |
| _____   |               |

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## Patient Consent for Use and Disclosure of Protected Health Information

**With my consent**, Metro Acupuncture may use and disclose health information [treatment, payment or healthcare operations (TPHO)] about me to carry out treatment, payment, and healthcare operations (TPHO). Please refer to Metro Acupuncture's Notice of Privacy for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices prior to signing this consent. Metro Acupuncture reserves the right to revise its Notice of Privacy Practices at anytime. A revised Notice of Privacy Practices may be obtained by forwarding a written request to Metro Acupuncture at 6255 Barfield Road, Suite 175, Atlanta, GA 30328.

With my consent, Metro Acupuncture may call my home or other designated location and leave a message on voice mail or in person in reference to any items that assist the practice in carrying out TPHO, such as appointment reminders, insurance items and any call pertaining to my clinical care, including laboratory results among others.

With my consent, Metro Acupuncture may mail my home or other designated location any items that assist the practice in carrying out TPHO, such as appointment reminder cards and patient statements.

With my consent, Metro Acupuncture may e-mail to my home or other designated location any items that assist the practice in carrying out TPHO, such as appointment reminders and patient statements. I have the right to request that Metro Acupuncture restricts how it uses or discloses my Protected Health Information (PHI) to carry out TPHO.

By signing this form, I am consenting to Metro Acupuncture use and disclosure of my PHI to carry out TPHO.

I may revoke my consent in writing except to the extent that the practice has already made disclosures in reliance upon my prior consent. If I do not sign this consent, Metro Acupuncture may decline to provide treatment to me.

\_\_\_\_\_  
Signature of Patient or Legal Guardian

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date



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### **POST-ACUPUNCTURE INSTRUCTIONS (Please read before your treatment)**

1. Immediately after your acupuncture session it is possible that you may become euphoric or light-headed. Please be sure you are properly oriented before leaving. We offer water and you are welcome to stay in the treatment room or in the lobby until you are capable of walking or driving safely from our office.
  
2. For 8-12 hours following your treatment:
  - Engage in your normal daily activities, however, wait 24 hours before performing any strenuous physical activities.
  - Refrain from alcohol or other mind/mood altering substances.
    - If you choose to consume these substances, be aware their effect will be magnified.
  - Eat moderately sized and satisfying meals (avoid spicy foods).
  - If you feel sleepy or tired following your treatment, please honor those feelings by resting as needed.
  
3. We at Metro Acupuncture are dedicated to providing the highest possible level of care and strive for constant improvement; therefore, we welcome and encourage you to share your experience with us. Please feel comfortable offering us your opinion(s) in the form of a suggestion, comment, and or concern by discussing these matters with your practitioner, writing to us directly via mail or sending an E-mail from our website at [www.metroacupuncture.com](http://www.metroacupuncture.com).

**Thank you for choosing Metro Acupuncture to support your health and wellness.**